

# INTERNATIONAL WUSHU TRAINING SEMINAR - BELGIUM

**13<sup>th</sup> – 21<sup>st</sup> February 2010**

**HE JING DE**  
in **BELGIUM**



**World Champion Wushu Athlete**



*HE JING DE*

## Programme

Period : Sat. 13<sup>th</sup> – Sun. 21<sup>st</sup> February 2010

Schedule : 9h00 – 12h00 \*\* Lunch Break \*\* 14h00 – 17h30

(5.5 hours/day \* 9 days = 49.5 hours of training)

Contents : ChangQuan, NanQuan, Wepaons, Demo TaoLu & DuiLian

(programme can be customised depending on students needs and level of experience)

Location : HealthCity, Laarbeeklaan 125, B-1090 Jette (Brussels), cfr. [www.healthcity.be](http://www.healthcity.be)

## He Jing De

- Member of the Henan Professional Wushu Team, Beijing & HongKong Wushu Team
- Multiple Times Chinese National Wushu Champion (Gun, Dao, ShuangDao, NanQuan)
- Recent World Champion during 10<sup>th</sup> WWC in Canada
- Coach for National Wushu Teams of Russia, Singapore, Malaysia, HK, Taiwan, Japan, NL & Thailand
- Cirque du Soleil "KA" Artist and appearances with Jacky Chan and Jet Li
- Renowned for his phenomenal speed and explosive strength

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敬  
德

**SIGN UP !!**

9 days of non-stop  
Wushu & Body  
Training

WIB Members : 295 €

General Price : 325 €

**MORE INFO : +32-475/20.24.24 (Stefan Leoni) or Email : [info@wushuimpuls.be](mailto:info@wushuimpuls.be)**

**WWW.WUSHUIMPULS.BE**